

Heroinette: A Note for Abigail; Jan 28, 2003

You would have me believe
that I am more than a human—a superhero

because of dark I have brought to light;
shape and shadow exposed to safety,

because of wisdom and facts
recalled in sudden sage sobriety,

because my size and strength have succeeded
where frailty often impedes you.

But I have learned
that it is the capacity of one's heart
that defines the value of a human.

And you have lightened
the darkest breaths of lives around you,

sobered the queried subconscious
into sagely insight,

lifted our frames in weak moments
from freights of temper and pride.

Your love has learned no limits,
heroics that exceed the limn of mine.

—*Michael Pracht*